

This activity is NOT school or district sponsored. Bloomington Public Schools accepts NO responsibility for this program or activity.

YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE

*** (A MINNESOTA NON-PROFIT CORPORATION dedicated to child victim prevention.) ***

Presents:
CHILDREN'S SELF-DEFENSE/SAFETY AWARENESS CLASS

Registration and First Class HELD AT:
KENNEDY HIGH SCHOOL CAFETERIA
9701 Nicollet Ave. South Bloomington, MN.

We are pleased to offer a program for young people designed for SELF-DEFENSE and SAFETY AWARENESS ONLY! Instructors are certified Black Belts trained in Run, Yell, Tell and Stranger Danger Curricula. For students ages 4 and older. New students earn the certified Yellow Belt; ranking students earn advanced belts. FOR FURTHER INFORMATION, please call Young Americans at 952-997-7732. Also, please visit us at www.youngamericans-mn.com.

THIS PROGRAM PROMOTES:

- *SELF CONFIDENCE
- *PHYSICAL FITNESS
- *IMPROVED ACADEMIC PERFORMANCE
- *RESPECT FOR AUTHORITY
- *RESPONSIBLE CITIZENSHIP

STUDENTS ARE INSTRUCTED IN:

- *SELF-DEFENSE
- *VERBAL INTERVENTIONS
- *PHYSICAL TECHNIQUES
- *PROTECTION FROM BULLIES
- *ESCAPE MANEUVERS

*****There is a \$5 registration fee to enroll in this program. The weekly class fee is \$7 (you pay as you go each week).*****

THE REGISTRATION will be held on THURSDAY, FEBRUARY 8, 2018, from 6:00 PM – 7:30 PM.

The first class will be held on Thursday, February 15, from 6:00-6:45 PM (beginners) and from 7:00-7:45 p.m. (intermediate/advanced students).

**Classes are held each THURSDAY for 12 weeks.
(Master Brian St. George is the Head Instructor of this class.)**

This flyer was prepared by and paid for by the Young Americans Schools of Self-Defense

