

**FARMINGTON COMMUNITY EDUCATION**  
and **YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE**

*Presents:*  
**CHILDREN'S SELF-DEFENSE/SAFETY AWARENESS CLASS**  
Registration and Classes HELD AT:

**LEVI P. DODGE MIDDLE SCHOOL WRESTLING ROOM**  
**4200 208<sup>TH</sup> St. W. Farmington, MN.**

We are pleased to offer a program for young people designed for SELF-DEFENSE and SAFETY AWARENESS ONLY! Instructors are certified Black Belts trained in Run, Yell, Tell and Stranger Danger Curricula. For students ages 4 and older. New students earn the certified Yellow Belt; ranking students earn advanced belts. We have a reduced fee scholarship program for students on public assistance. FOR FURTHER INFORMATION, please call Young Americans at 952-997-7732. (Master Jeff Wood is the head instructor of this class.)

***THIS PROGRAM PROMOTES:***

- \*SELF CONFIDENCE
- \*SAFETY AWARENESS
- \*PHYSICAL FITNESS
- \*IMPROVED ACADEMIC PERFORMANCE
- \*RESPONSIBLE CITIZENSHIP

***STUDENTS ARE INSTRUCTED IN:***

- \*SELF-DEFENSE
- \*EMERGENCY NOTIFICATIONS
- \*VERBAL INTERVENTIONS
- \*PHYSICAL TECHNIQUES
- \*GET FREE FROM ABDUCTION

The **FIRST CLASS** will be held on **SATURDAY, FEBRUARY 3, 2018**, from 1:00 - 2:00 PM. **TO REGISTER FOR THIS CLASS YOU MUST CONTACT FARMINGTON COMMUNITY EDUCATION AT 651-460-3200, or YOU MAY REGISTER ONLINE at [www.farmingtonce.com](http://www.farmingtonce.com).**

**Classes are held each SATURDAY for 12 weeks.**  
**Master Jeff Wood is the head instructor of this class.**

YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE IS A MINNESOTA NON-PROFIT CORPORATION DEDICATED TO CHILD VICTIM PREVENTION.

Please come see us at anytime at this class or you may also visit us at [www.youngamericans-mn.com](http://www.youngamericans-mn.com).

