

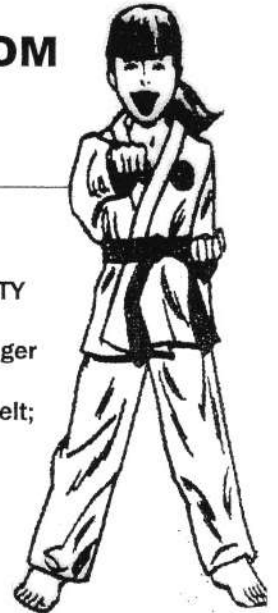
**FARMINGTON COMMUNITY EDUCATION
and YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE**

Presents:
CHILDREN'S SELF-DEFENSE/SAFETY AWARENESS CLASS

Registration and Classes HELD AT:
DODGE MIDDLE SCHOOL WRESTLING ROOM
4200 208TH St. W. Farmington, MN.



We are pleased to offer a program for young people designed for SELF-DEFENSE and SAFETY AWARENESS ONLY! Instructors are certified Black Belts trained in Run, Yell, Tell and Stranger Danger Curricula. For students ages 4 and older. New students earn the certified Yellow Belt; ranking students earn advanced belts.



THIS PROGRAM PROMOTES:

- *SELF CONFIDENCE
- *SAFETY AWARENESS
- *PHYSICAL FITNESS
- *IMPROVED ACADEMIC PERFORMANCE
- *RESPONSIBLE CITIZENSHIP

STUDENTS ARE INSTRUCTED IN:

- *SELF-DEFENSE
- *EMERGENCY NOTIFICATIONS
- *VERBAL INTERVENTIONS
- *PHYSICAL TECHNIQUES
- *GET FREE FROM ABDUCTION

There is a \$84 registration fee to enroll in this 12 week program. TO ENROLL GO ONLINE TO www.farmingtonce.com, or call 651-460-3200.

The FIRST CLASS will be held on SATURDAY, SEPTEMBER 16, 2017, from 1:00 – 2:00 PM. Classes are held each SATURDAY for 12 weeks (no class Oct. 21 and Nov. 25)

Master Jeff Wood is the head instructor of this class.

YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE IS A MINNESOTA NON-PROFIT CORPORATION DEDICATED TO CHILD VICTIM PREVENTION.

Please come see us at anytime at this class or you may also visit us at www.youngamericans-mn.com.