

NEW PRAGUE COMMUNITY EDUCATION and the Young Americans Schools of Self Defense

Presents:
CHILDREN'S SELF-DEFENSE/SAFETY AWARENESS CLASS

**FIRST CLASS DAY for Falcon Ridge and Raven Stream Schools:
HELD AT RAVEN STREAM ELEMENTARY SCHOOL
MONDAY, FEBRUARY 4, 2019, 4:00 - 4:45 P.M.**

Classes held every MONDAY for 12 weeks at Raven Stream, from 4:00 - 4:45 p.m., beginning MONDAY, FEBRUARY 4. Master Jeff Wood is the head instructor of this class.

**FIRST CLASS DAY for Eagle View Elem. School in New Market:
HELD AT EAGLE VIEW ELEMENTARY SCHOOL
FRIDAY, FEBRUARY 8, 2019, 4:00 - 4:45 P.M.**

Classes held every FRIDAY for 12 weeks at Eagle View Elem., from 4:00 - 4:45 p.m., beginning FRIDAY, FEBRUARY 8. Master Jeff Wood is the head instructor of this class.

THIS PROGRAM PROMOTES:

- *SELF CONFIDENCE
- *PHYSICAL FITNESS
- *IMPROVED ACADEMIC PERFORMANCE
- *RESPONSIBLE CITIZENSHIP

STUDENTS ARE INSTRUCTED IN:

- *SELF-DEFENSE
- *VERBAL INTERVENTIONS
- *PHYSICAL TECHNIQUES
- *GET FREE FROM ABDUCTION

*******NOTE: TO REGISTER FOR THIS 10 WEEK SELF-DEFENSE CLASS YOU MUST REGISTER THRU THE NEW PRAGUE COMMUNITY EDUCATION DEPARTMENT.*******

You will need to contact Community Education to register at 952-758-1734, or online at ce.isd721.org.

The paid in full cost for this 12 week session is \$84, or you may make payments in installments thru the community education department.

Thank you!

Please come see us at anytime at this class or you may also visit us at www.youngamericans-mn.com.

