

NEW PRAGUE COMMUNITY EDUCATION
and the Young Americans Schools of Self Defense

Presents:
CHILDREN'S SELF-DEFENSE/SAFETY AWARENESS CLASS

**FIRST CLASS DAY for Falcon Ridge and Raven Stream Schools:
HELD AT FALCON RIDGE SCHOOL (1200 Columbus Ave. N.)
THURSDAY, JUNE 14, 9:30 - 10:15 a.m.**

Classes held *every THURSDAY* for 10 weeks at Falcon Ridge, from 9:30 - 10:15 a.m., beginning THURSDAY, JUNE 14. Master Jeff Wood is the head instructor of this class.

**FIRST CLASS DAY for Eagle View Elem. School in New Market:
HELD AT Eagle View Elementary School
THURSDAY, JUNE 14, 10:45 - 11:30 a.m.**

Classes held *every THURSDAY* for 10 weeks at Eagle View Elem., from 10:45 - 11:30 a.m., beginning THURSDAY, June 14. Master Jeff Wood is the head instructor of this class.

THIS PROGRAM PROMOTES:

- *SELF CONFIDENCE
- *PHYSICAL FITNESS
- *IMPROVED ACADEMIC PERFORMANCE
- *RESPONSIBLE CITIZENSHIP

STUDENTS ARE INSTRUCTED IN:

- *SELF-DEFENSE
- *VERBAL INTERVENTIONS
- *PHYSICAL TECHNIQUES
- *GET FREE FROM ABDUCTION

*******NOTE: TO REGISTER FOR THIS 10 WEEK SELF-DEFENSE CLASS YOU MUST REGISTER THRU THE NEW PRAGUE COMMUNITY EDUCATION DEPARTMENT.*******

You will need to contact Community Education to register at 952-758-1734, or online at ce.isd721.org.

The paid in full cost for this 10 week session is \$70, or you may make payments in installments thru the community education department.

Thank you!

Please come see us at anytime at this class or you may also visit us at www.youngamericans-mn.com.

