



NEW PRAGUE COMMUNITY EDUCATION
And Young Americans Schools of Self Defense
Presents:
CHILDREN'S SELF-DEFENSE/SAFETY AWARENESS CLASS

FIRST CLASS DAY for Raven Stream ELEM.School:

HELD AT RAVEN STREAM ELEMENTARY:

*****MONDAY, SEPTEMBER 18, 4:00 - 4:45 P.M.*****

Classes held *every MONDAY* for 12 weeks at Raven Stream, from 4:00- 4:45p.m.
Master Jeff Wood is the head instructor of this class.

FIRST CLASS DAY for Eagle View Elem. School in New Market:

HELD AT Eagle View Elementary School

*****FRIDAY, SEPTEMBER 15, 4:00 - 4:45 P.M.*****

Classes held *every FRIDAY* weeks at Eagle View Elem., from 4:00 - 4:45 p.m.
There is no class on Friday, Oct. 20 and Nov. 24.
Master Jeff Wood is the head instructor of this class.

THIS PROGRAM PROMOTES:

- *SELF CONFIDENCE
- *PHYSICAL FITNESS
- *IMPROVED ACADEMIC PERFORMANCE
- *RESPONSIBLE CITIZENSHIP

STUDENTS ARE INSTRUCTED IN:

- *SELF-DEFENSE
- *VERBAL INTERVENTIONS
- *PHYSICAL TECHNIQUES
- *GET FREE FROM ABDUCTION

*******TO REGISTER FOR THIS CLASS: YOU MUST CONTACT NEW PRAGUE COMMUNITY EDUCATION at 952-758-1734, or ONLINE at CE.ISD721.ORG, or IN PERSON at the COMMUNITY EDUCATION OFFICE at 421 CENTRAL AVE. NORTH IN NEW PRAGUE. THE COST FOR THIS 12 WEEK CLASS IS \$84.*******

***For further information:* please call Young Americans at (952)-997-7732.**

Please come see us at anytime at this class or you may also visit us at www.youngamericans-mn.com.

