



YOUNG AMERICANS SCHOOLS OF SELF-DEFENSE

Proudly Announces

THE MINNESOTA FALL 2018 SELF-DEFENSE TOURNAMENT

Held At:

Jefferson Senior High School

4001 West 102nd Street

Bloomington, MN.

On:

SATURDAY, DECEMBER 8, 2018 at 10:00 AM

(registration from 9:00-10:00am; events begin promptly at 10:00am)

NOTE: ALL PARTICIPANTS ARE REQUIRED TO WEAR THE YOUNG AMERICANS BLACK UNIFORM

Order of Events:

1. **Escapes:** Participants demonstrate an escape technique from any attack of their choice.
2. **Best Kick:** Any three kicks of participant's choosing; judged on form, speed, and power.
3. **Kata:** Performance of kata requirements as participant's current belt level.
4. **Sparring:** Point sparring with light contact only between the chin and belt.

EVERY PARTICIPANT WILL RECEIVE A TROPHY FOR PARTICIPATING!!! YES, THAT'S RIGHT!!! EVERYONE WILL GET A TROPHY!!! EVERY PARTICIPANT IS CONSIDERED TO BE A CHAMPION!!!



*****You may PRE-REGISTER for these events and SAVE \$10 by mailing this form as soon as possible to: YOUNG AMERICANS
14870 Granada Ave.
#318
Apple Valley, MN. 55124**

THE COST FOR ALL FOUR EVENTS IS \$29, IF YOU PRE-REGISTER. AT THE DOOR, YOU WILL PAY TEN DOLLARS MORE, WHICH OF COURSE IS \$39. Spectators age 12 and older pay a \$4.00 admission fee (ages 11 and under are free). Food and drinks will be available in the concession area. **ALL PARTICIPANTS MUST WEAR THE YOUNG AMERICANS BLACK UNIFORM.**

For directions to Jefferson Senior High: TAKE INTERSTATE 494 IN BLOOMINGTON TO FRANCE AVENUE EXIT. GO SOUTH ON FRANCE AVE. UNTIL YOU GET TO WEST 102ND STREET. JEFFERSON HIGH SCHOOL SITS ON THE SOUTHWEST CORNER OF FRANCE AVENUE AND WEST 102ND STREET.

NAME OF PARTICIPANT _____
AGE _____ MALE OR FEMALE _____ YOUNG AMERICANS CLASS LOCATION _____

**Total Amount Enclosed \$ _____ (\$29 if you pre-register; \$39 at the door)
CHECKS CAN BE MADE PAYABLE TO: "YOUNG AMERICANS"**

